

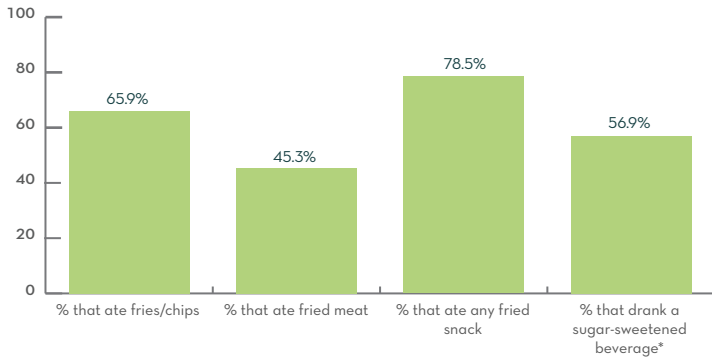
Healthy Children, Healthy State:

EATING AWAY FROM HOME

Michael & Susan Dell Center for Healthy Living

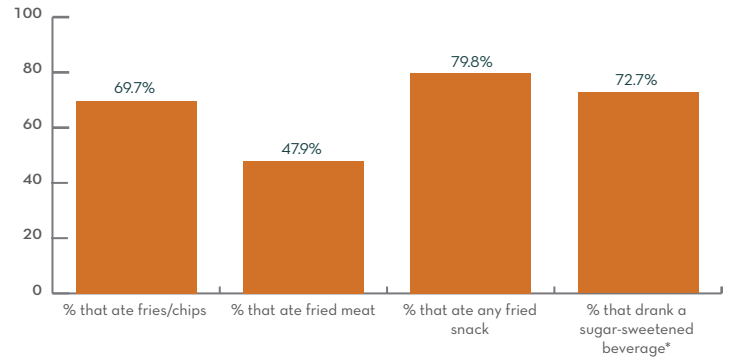
2nd Grade

62.7% of 2nd graders eat at a restaurant on a given school day, here's what they eat over the entire day:¹



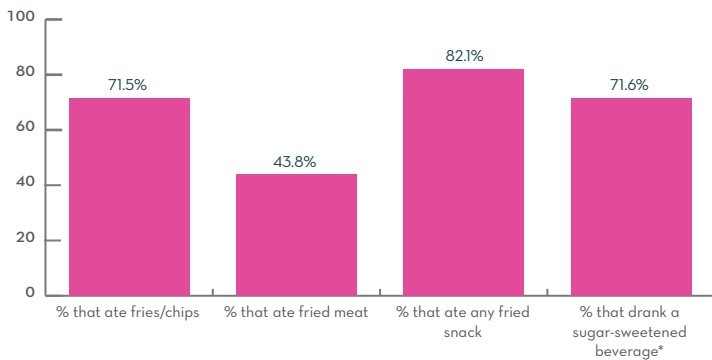
4th Grade

41.6% of 4th graders eat at a restaurant on a given school day, here's what they eat over the entire day:¹



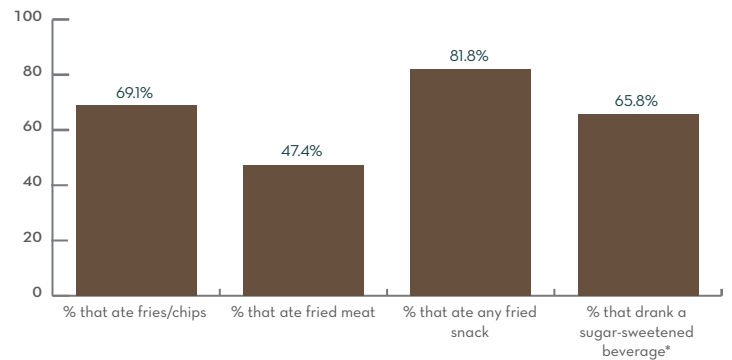
8th Grade

35.3% of 8th graders eat at a restaurant on a given school day, here's what they eat over the entire day:¹



11th Grade

42.5% of 11th graders eat at a restaurant on a given school day, here's what they eat over the entire day:¹



Reference

Texas School Physical Activity and Nutrition (SPAN) Project. Michael & Susan Dell Center for Healthy Living. Texas SPAN project details available online at go.uth.edu/SPAN.

The Texas School Physical Activity and Nutrition (SPAN) Project is a surveillance system monitoring the prevalence of overweight/obesity in school-aged children in Texas conducted by researchers at the Michael & Susan Dell Center for Healthy Living. Texas SPAN has been funded by the Texas Department of State Health Services since 2000 to conduct height and weight measurements across different grade levels.